

**TERI M. POKRAJAC, PSY.D. & ASSOCIATES**  
**A CLINICAL PSYCHOLOGY CORPORATION**

**AUTHORIZATION FOR DISCLOSURE OF CONFIDENTIAL MENTAL HEALTH INFORMATION (HIPPA)**

Client Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

My therapist, \_\_\_\_\_, is authorized to release and disclose

information to: \_\_\_\_\_  
(name of person or organization)

(If applicable) \_\_\_\_\_ (name of person or organization) is authorized

to release and disclose information to: \_\_\_\_\_ (therapist's name).

**Specific Information to be Released/Obtained (please select only one):**

§ All health/mental health information including diagnosis and treatment received.

§ Only the following records or type of information: \_\_\_\_\_

Please specify if any information is to be excluded: \_\_\_\_\_

This disclosure of information authorized by \_\_\_\_\_ (client) is required for the

following purpose: \_\_\_\_\_

This authorization shall become effective on \_\_\_\_/\_\_\_\_/\_\_\_\_ and will expire in one year.

A photocopy or facsimile of this form is to be considered as valid as the original.

*Please note: If you have authorized the disclosure of your mental health information to someone who is not legally required to keep it confidential, it may be redisclosed and may no longer be protected. California law prohibits recipients of your health information from redisclosing such information except with your written authorization or as specifically required or permitted by law.*